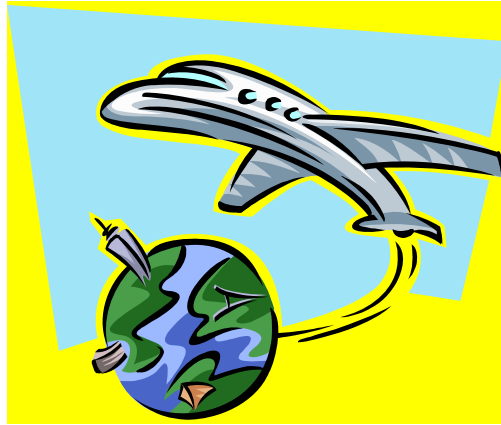


Travel Medications



Travel Vaccines

Please be aware that office visits for the purpose of travel are oftentimes not covered by insurance companies; likewise travel immunizations are also usually not covered by insurance companies. I do not carry the majority of the immunizations required or recommended for travel to prevent infectious diseases. However, I do have tetanus vaccine that is available for adults.


I do NOT prescribe any medications over the phone that I have not myself previously prescribed for travel for you in the past 2 years. Please note that for vaccines to be most effective, there is a time period prior to travel in which the immunizations need to be administered for your body to build some protection. Likewise, malaria prevention medication needs to be started well before you arrive in the country where malaria exists.

We can schedule an office visit to discuss disease prevention during your travel, but keep in mind that there are clinics that are specifically designed so the doctor's advice along with the vaccine administration can be done in one visit. The infectious disease specialists in this area who I know well and recommend include:

Bellevue, WA: Drs. Peter Hashisaki and Ed Leonard..... (425) 455-8246

Kirkland, WA: Drs. Ed Leonard and Frank Riedo..... (425) 899-5100

Changing seasons (and other conditions) bring various insects/animals and new outbreaks can occur at any time. Infectious germs often have varying resistances to medications. As a result of all of this, recommendations can change every 6 months or even sooner. I suggest that all travelers check the following website so you have the most-recent recommendations:

Click to go to the
website... 

www.cdc.gov/travel

Click to go to the
website... 